

Figure it out **NOW**
Why wait?

LAURA BERMAN FORTGANG

**THIS IS ABOUT
YOU**

It's a miracle! I have not been able to answer these questions for 32 years and in just 90 days, I figured it out.

-Crystal Barlett

When I first started, I was lost. I had been in the high-paced, high-paid fashion world, and the only thing that I knew for sure was that I needed to be out. Now here I am, only a few months later, in a job that both fulfills me and excites me; each morning a brand new energy motivates me, and I am the happiest I have been in many many years.

-P Cohen, ex-Fashion Executive, now marketing consultant

This showed me how to look past what I've learned to do well and discover who I am at my core; to discover my essence. This kind of self knowledge and awareness has set me on a completely different path in life. I know who I am now and what ignites the passion inside of me and I wont quit reaching for it...I can't!

-Scott Sargent, ex-food industry supply chain manager, now food industry CEO

I never expected that finding a new career would be easy, but was a little surprised that it could be fun. I began to listen to my dreams and realize that many things are possible and that life is too short not to be giving the best that I have. The process has taken me down a path from which there is no turning back and has given me tools to keep moving forward in the direction I need.

-Donna Bradley

is internationally recognized as a pioneer in the life coaching field. She is the author of The Prosperity Plan, The Little Book on Meaning (finalist for a Books for a Better Life Award alongside the Dalai Lama), the national bestseller, Take Yourself to the Top, Living Your Best Life and NOW WHAT?® 90 Days to a New Life Direction and a sought-after speaker and media presence.

She's been featured on Oprah, TODAY, CBS Early Show, Good Morning America, CNN and in the Wall Street Journal, Money, Fast Company and dozens of women's magazines. Laura was a contributing editor for REDBOOK magazine and is a current Huffington Post blogger.

As the founder of NOW WHAT?® Coaching and its parent company, InterCoach, Inc., Laura is delighted to be providing access to tools and resources that really work in determining career clarity and direction. To keep her humble, Laura is a wife, mother of three and a community volunteer.



Are **YOU** re-evaluating your career?

Are **YOU** ready to explore new horizons?

Are **YOU** needing to do something radically different with your life?

Are **YOU** asking:



The **PROGRAM**

The program has twelve parts that are explored in approximately 90 days. (The number of sessions, length of time for each and duration of the total engagement vary based on your facilitator and your schedule.) Often, clients choose to extend their coaching program after the initial commitment to implement the resulting plan, job search or life changes.

NOW WHAT COACHING Philosophy

Working with people one-on-one since 1991 has brought Laura Berman Fortgang, the author of “NOW WHAT?® 90 Days to a New Life Direction” and founder of NOW WHAT?® Coaching unique insight into what makes people happiest and feel most fulfilled in their work (and life). Often a mystery to the individual, Laura recognized the patterns that reveal the most organic meaningful and satisfying direction for work, career and life. She calls these patterns your Life Blueprint® and the Now What?® program will reveal them to you.

In essence, when you know who you are, what you want becomes clear, a sense of purpose returns and what action to take becomes evident. It doesn't always mean you have to make a radical career change. Sometimes, the changes are subtle but hugely significant. If only they were obvious to ourselves!

With this program, the process of discovery can be very concrete although our ways are not conventional. Accelerated meaning, fulfillment and satisfaction can be available to you now.

NOWWHATCOACHING.COM

Know who you are.
Get what **YOU**
want.

NOW WHAT?

**Nature is always moving
forward into the future,
and as part of nature
we have to do the same.**

-Phil Stutz, MD

In **90 DAYS** you will

- Explore and get answers by working the twelve chapters from “NOW WHAT?®”
- Break down barriers to clarity
- Come to terms with change
- Break through limiting mind sets
- Learn how your past shows you clues to your future direction
- Find a sense of purpose
- Identify new directions and make them a reality
- Determine criteria for happiness in work and life
- Face any money obstacles head on
- Honor your intuition and make sense of it
- Get to know yourself like never before
- Rally support from others in surprising ways
- Develop a strategy and design a plan to accomplish your new direction

CALL US
for a free consultation
with a coach or look for our
home study program online.

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